

UK International Taekwon-Do Federation

TKD Centre, 1st Floor, 192 High Street, Yiewsley
Middlesex UB7 7BE ENGLAND
Tel: 0044 1895 459947 • Fax: 0044 1895 430257
Email: email@tkd.co.uk • Website: www.tkd.co.uk



UK ITF National Training Day and Banquet 2021

UK ITF will be hosting a National Training day led by Trevor Nicholls and guest instructors on Saturday 27th November 2021. Training will take place at The Sheraton Skyline. Bath Road, Hayes, UB3 5BP, followed by the banquet at the same location.

Training is open to 4th Kup and above, 10 years and over. The training session will cover pad drills, sparring, self defence and technique review.

UK ITF will be presenting senior promotions along with service awards for 10, 20 and 30 years of active and consistent participation at the banquet.

Schedule	Price	Dress Code
Training Club Instructor Training (Designated Club Instructors) 9.30am – 11.00am Training for all 11.30 – 14:30	£30.00	Full Dobok (Please also bring along sparring equipment)
Reception Drinks 18:45 – 19:30		
Banquet 19:30 – Midnight	£60.00 – Adults 18+ £45.00 – 12-17yrs £20.00 – Under 12's	Black Tie, Ladies Long

Room Rates: [Book your group rate for UK ITF Awards Dinner Here](#)

Single Occupancy	£94.00 (Inc bed and breakfast)
Double Occupancy	£104.00 (Inc bed and breakfast)
Family Room (2 Adults & 2 Children)	£124.00 (Inc bed and breakfast)

Payment to be made by Bank Transfer, alternatively please call the office on 01895 459947 to make payment by card.

Account Name: UK ITF Limited
Account Number: 26196460
Sort Code: 30-98-79



Registered Offices: Swatton Barn, Badbury, Swindon, Wiltshire, SN4 0EU
Company Registration No: 07402616



Dinner Menu:

Please choose one option from Starter and Main

Starter

Option 1: Smoked mackerel, potato salad, chives, horseradish, crème fraiche

Option 2: Shaved Chicken Salad, grapes, chives, crème fraiche

Option 3: Seasonal vegetable soup, thyme croutons (v)

Main Course

Option 1: Chicken supreme, thyme buttered shallots, potato gratin

Option 2: Roast fillet of pork, air-dried ham, apple & sage compote, roast leeks.

Option 3: Goat's cheese tortellini, spinach, pea soup, basil (v)

Dessert

Option 1: Sticky toffee pudding, toffee sauce, Jude's salted caramel ice cream

Option 2: Milk Chocolate Cheesecake, vanilla sauce



UK ITF Training Day & Awards Dinner					
Club Contact Details					
Name					
Contact Number					
Email Address					
Training Day £30.00 per person					
	Name	Age	Grade		
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
Total					£
Banquet £60.00 – Adult / £45.00 12 – 17yrs / £20.00 Under 12					
	Name	Adult / Child	Starter	Main	Dessert
1.					
2					
3					
4					
5					
6					
7					
8					
9					
10					
Total					£

Deadline for registration and payment: Wednesday 10th November 2021

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