

UK ITF NATIONAL CHAMPIONSHIPS 2024

Saturday 17th February 2024

Patterns / Sparring / Destruction / Special Technique

Dear Instructors,

You and your students are invited to take part in The **UK ITF Spring National Championships 2024**, to be held on 17th February 2024 at Hertfordshire Sports Village, Hatfield, AL10 9EU.

All entries are to be submitted electronically. Please visit www.tkd.co.uk, to enter your team. Login in with your user name and password and follow the online prompts. Closing date for entries will be the Wednesday 07th February. Any entries received or amended between 07th February – 15th February will incur an additional surcharge of £10. Each competitor will receive a lanyard, please ensure all details are correct when submitting entries & include a photograph.

There will be **no coaches or Chaperones** at this competition. The Tournament / Umpire Committee will appoint Chaperones per ring to look after the welfare of the junior competitors. These Chaperones will make sure that the correct sparring equipment is worn, will answer any concerns that the junior competitor may have & will make sure that they are ready to compete when called.

Please note that spectators will not be allowed on the edge of the rings.

For convenience, you can print a paper based form to collect student details from your club. These should be uploaded along with the competitors photos and payment made at the earliest opportunity and no later than 07th February 2024.

We Enclose:

- Tournament itinerary
- Competitor entry is now Web Based (www.tkd.co.uk)
- Username and Password can be obtained from UK ITF HQ.
- Tournament Schedule
- Chaperone duties & responsibilities

Fees:

Competitors = £40

Late Competitor Entry = £50

Category Change on the day = £10 surcharge

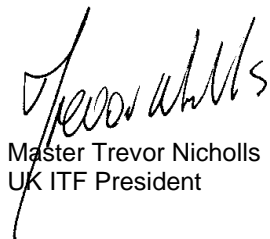
Please make all cheques payable to "UK ITF".

If there are any questions please contact UK ITF on 01895 459947

Venue: Hertfordshire Sports Village, Hatfield, AL10 9EU.

We hope that you and your students can support this event.

Yours in TaeKwon-Do



Master Trevor Nicholls
UK ITF President



Tournament itinerary

-Patterns-

Students will perform choice patterns in relation to their grade. Finals will consist of choice and designated pattern. Degree grades will perform a choice & designated from the semi-finals.

-Sparring-

Divisions are per ITF rules.

Full protective equipment **must** be worn. This includes:

- Head guards (Optional for Juniors / Adults / Seniors)
- Foot pads
- Gloves (Closed finger open palm)
- Gum Shields
- Groin Guards (Males Only)

Sparing rounds:

Kids Kickers = 1.30 minute rounds

1 x 1.30 minute final

Under 14's & Seniors = 1.30 minute rounds

2 x 1.30 minute final

All other divisions = 2 minute rounds

2 x 2 minute final

U14's, U18's, Adult & Senior Degree grades will do 2 x rounds from the semi finals.

-Destruction-

This event is for U18's (14-17yrs), Adult & Senior Division Only.

All grades: Standard ITF breaking rules.

-ITF Special Technique-

This event is for U18's (14-17yrs), Adult & Senior Division Only.

All grades: Standard ITF special technique rules.

-UK ITF Kids Flying Technique-

This event is for Kids Kickers Division Only.

All grades: Flying side kick technique landing on crash mats.

Division	Age Group	Events
Kids Kickers	7 – 11 Years of Age.	Patterns / Sparring / Flying Technique
Under 14's	12 – 13 Years of Age.	Patterns / Sparring
Under 18's	14 – 17 Years of Age.	Patterns / Sparring / Power / Special Technique
Adult	18 – 35 Years of Age.	Patterns / Sparring / Power / Special Technique
Senior	36 Years or Older	Patterns / Sparring / Power / Special Technique

NB.

It may be necessary to amalgamate divisions without sufficient entrants, this will be done on the day.

Degree competitors wishing to obtain ranking can enter in two divisions, i.e. Junior & Adult, but they will have to pay for two entries. They will be unable to swap divisions on the day. There will be no Generation X competitors at this competition.



-Tournament Schedule-

FRIDAY 16th February

- 8.15pm – 8.45pm Weigh in for Cadets, Juniors, Adults & Seniors – Hertfordshire Sports Village

SATURDAY 17th February

- 8.30am - 9.00am Competitor weigh in & Height check.
- 8:30 am All officials & event staff for ring assignments.
- 9:30 am Tournament to commence. Schedule TBC

-Medal Presentation-

Medal will be presented on the individual rings after completion of each category or a podium if available.

-Official Photographs-

This year we will have DE Photo onsite, order and collect your professional quality photo's on the day.