

International Taekwon-Do Championship

Suokjang presents:



Royal Dutch Open 2019

Pattern - Sparring - Special Technique

Saturday, March 30th 2019

Sporthal LIMESHAL
Kees Musterstraat 8
2406 LK Alphen aan den Rijn
Netherlands

More information: www.royaldutchopen.com



태권도



Suokjang

presents

Royal Dutch Open 2018

International Taekwon-Do Championship

Saturday March 30th, 2019

Limeshal

Kees Musterstraat 8, 2406 LK Alphen aan den Rijn

Venue open: 8.00 am

Weighing: 8.00 am - 9.00 am

Referee meeting: 8.30 am

Coach meeting: 9.00 am

Start competition: 09.45 am

End: ± 18.00 pm

CATEGORIES

Group	Ages	Elements
Kids	≤ 8 years	Tuls, Non-contact of Sparring, Flying technique
Youth	9 – 11 years	Tuls, Sparring, Flying technique
Youth	12 – 13 years	Tuls, Sparring, High jump
Juniors	14 – 17 years	Tuls, Sparring, Special Techniques
Adults	> 18 years	Tuls, Sparring, Special Techniques



PATTERNS

Coloured belts perform a choice pattern against their opponent.

1st degree and above perform a choice pattern. Semi-finals and finals will consist of choice and designate pattern. The participant will not be permitted to demonstrate a higher mandatory pattern than his/her next degree requires.

Each participant may run a free pattern according to his / her grade. Mandatory pattern is chosen according to the lowest graduate (see table below).

When there are too few participants in one category, categories can be merged.

Graduation patterns

Coloured belts:

10 th kub	Saju-jirugi of Chon-Ji
9 th kub	Chon-Ji
8 th kub	up to and including Dan-Gun
7 th kub	up to and including Do-San
6 th kub	up to and including Won-Hyo
5 th kub	up to and including Yul-Gok
4 th kub	up to and including Joong-Gun
3 rd kub	up to and including Toi-Gye
2 nd kub	up to and including Hwa-Rang
1 st kub	up to and including Choong-Mu

Black belts:

Degree	Designated	Optional
1 st dan	Choong-Moo up to and including Ge-Baek	Kwang-Gae up to and including Ge-Baek
2 nd dan	Ge-Baek up to and including Ko-Dang	Eui-An up to and including Ko-Dang
3 rd dan	Ko-Dang up to and including Choi-Yong	San-il up to and including Choi-Yong
4 th - 6 th dan	Choi-Yong up to and including Moon-Moo	Yong-Gae up to and including Moon-Moo



SPARRING

CONTEST PERIOD POINT SPARRING ($\leq 5^{\text{th}}$ kub):

YOUTH	1 X 1.5 minutes
EXTENSION	1 X 1 minute, hereafter sudden death
JUNIORS	1 X 2 minutes (finale 2 x 2 minuten)
EXTENSION	1 X 2 minutes, hereafter sudden death
ADULTS	1 X 2 minutes (finale 2 x 2 minuten)
EXTENSION	1 X 2 minutes, hereafter sudden death

CONTEST PERIOD ONGOING SPARRING ($\geq 4^{\text{TH}}$ kub):

YOUTH	1 X 1.5 minutes (finale 2 x 1.5 minutes)
EXTENSION	1 X 1 minute, hereafter sudden death
JUNIORS	1 X 2 minutes (finale 2 x 2 minuten)
EXTENSION	1 X 2 minutes, hereafter sudden death
ADULTS	1 X 2 minutes (vanaf halve finale 2 x 2 minuten)
EXTENSION	1 X 2 minutes, hereafter sudden death

WEIGHT AND HEIGHT CLASSES SPARRING:

YOUTH ≤ 8 years	Non-contact sparring
YOUTH ≤ 11 years	-110, -120, -130, -140, -150, +150 cm
YOUTH 12 & 13 years	-35, -40, -45, -50, -55, -60, +60 kg
JUNIORS FEMALE	-45, -50, -55, -60, -65, +65 kg
JUNIORS MALE	-50, -55, -60, -65, -70, +70 kg
ADULTS FEMALE	-50, -55, -60, -65, -70, +70 kg
ADULTS MALE	-58, -64, -70, -76, -82, +82 kg

There are at least two participants in each category. Participants will be moved to the higher weight or height category when there are less than two participants in the category.

Weighing follows the international rules, dobok pants and t-shirt with a tolerance of 0.5 kg.

When the participant weighs more, or less, at the weighing then indicated at the registration form the competition organisation will charge an additional € 10,00.

The organisation reserves the right to make changes to the classes above.



FLYING TECHNIQUE CADETS ≤ 11 YEARS OLD

Participation in flying technique, Twimyo Nomo Yop Cha Jirugi, is possible for A-, B- and C-classes.

Group classification is made based on age and length of the registered participants.

HIGH JUMP PRE-JUNIORS 12 & 13 YEARS

Twimyo Nopi Ap Cha Busigi, participation possible for A-, B- and C-class. Starting height for girls is 150 cm and for boys 160 cm.

Points:

- Hit board 1 point;
- Board stays up 2 points.

SPECIAL TECHNIQUES FOR JUNIORS AND ADULTS

Participation in special techniques is only possible for A class, consisting of the following components:

1. Twimyo Nopi Ap Cha Busigi (qualify)
2. Twimyo Dollyo Chagi
3. Twimyo Nomo Yop Cha Jirugi
4. Twio Dolmyo Yop Cha Jirugi
5. Twimyo Badae Dollyo Chagi

STARTING HEIGHTS SPECIAL TECHNIQUES:

	Test 1	Test 2	Test 3	Test 4	Test 5
Juniors female	180 cm	170 cm	160 cm	-	-
Juniors male	200 cm	190 cm	190 cm	180 cm	180 cm
Adults female	200 cm	180 cm	170 cm	-	-
Adults male	220 cm	200 cm	220 cm	200 cm	200 cm



REFEREES

Referees should be dressed in black/dark blue trousers, white shirt, black/dark blue jacket, tie, white indoor sport shoes.

Please bring your own clickers and sticks.

Referees per number of participants:

1 –7 participants	1 referee
8 – 15 participants	2 referees
16 or more participants	3 referees

If less than (prescribed) referees are present on the day of the match, a fee of € 75.00 per missing referee will be charged.

Referees are served a lunch by the organization.

COACHES

Coaches:

- One coach per participant;
- Are 16 years or older;
- Must wear a training suit and gym shoes;
- Carry a towel.

Maximum number of coaches per number of participants:

1 – 4 participants	1 coach
5 – 8 participants	2 coaches
9 – 12 participants	3 coaches
13 – 15 participants	4 coaches
16 or more participants	5 coaches



REGISTRATION FEE

1 category	€ 20,00
2 categories	€ 25,00
3 categories	€ 30,00

SPECTATORS

Spectators are only permitted on the stand, entry at € 5,00 per person of which € 2,00 will be donated to the **ALS** foundation ([Amyotrophic Lateral Sclerosis](#)).

LIABILITY

Every participant/coach is responsible that he/she is competing within this tournament without physical limitations or medical indication. The tournament organisation cannot be held liable for injuries nor damage. Subscribing to this competition means that you agree to this rule.

We highly recommend all competitors and their coaches to bring their identification and insurance papers to the tournament. Dutch hospitals will ask for these papers in case of injury.

PRESS AND PROMOTION MATERIAL

Promotion material (e.g. banners, flags, etc.) is reserved for the organisation only. Any other promotional material is not allowed. Filming is only allowed from the stands. Staff of the Royal Dutch Open are allowed to photograph and/or film in the competition area.



COMPITION RULES

ITF Taekwon-Do semi-contact sparring rules:

- A. One point will be awarded for:
- hand attack directed to mid or high section;
 - foot attack directed to mid-section;
 - hand attack while are in air to mid-section.
- B. Two points will be awarded for:
- foot attack directed to high section;
 - jumping or flying kick directed to mid-section;
 - hand attack while is in air directed to high section.
- C. Three points will be awarded for:
- jumping or flying kick directed to high section.

Sparring and patterns: knockout system

Participants only are allowed in the ring wearing a white (ITF) dobok.

Protest must be made within 5 minutes after the incident at the WOC table with a payment of € 75,00 protest fee. The jury president will have the final decision.

PROTECTION EQUIPMENT

- Groin guard under the dobok is **compulsory** for both boys and men;
- Groin guard under the dobok is permitted for female;
- Gum shield is **compulsory** for all participants;
- Heard guards are **compulsory** for all participant up to and including 11 years;
- Heard guards are permitted for all other ages;
- Hand and foot pads are **compulsory**, open or fully closed hand pads are **forbidden**;
- Soft shin guards permitted.



REGISTRATION

Registration through Kihapp Tournament Software via

<http://www.royaldutchopen.com/register>

Planning:

Saturday January 5 th	Registration open
Sunday March 17 th	Registration closed
Monday March 18 th	Payment must be received by the organisation

The entry fee must be transferred through a bank transfer (No cash payments). Payment directly after registration, ultimately Monday March 18th.

Account number	NL59ABNA0577773402
BIC number	ABNANL2A
Name of bank	ABN AMRO
Name of account holder	Stichting RDO Suokjang
Payment identification	Royal Dutch Open and [Taekwon-Do school/association]

Cancellation:

No refund if canceled after the closing date.

Changes:

Up to the closing date, changes and cancelation can be made in Kihapp by the school. Changes or additional registrations after the closing date are only possible at an extra payment of € 10.00 per change.

CONTACT

Senior Master Zondag (8th dan)

For further information:
Royal Dutch Open 2018 organisation
e-mail: rdo.org.suokjang@gmail.com



We recommend the following hotels, please make your own reservations:

Hotel Schiphol A4
Rijksweg A4, nr.3
2132 MA Hoofddorp
www.hotelschiphol.nl



Hotel Avifauna
Hoorn 65,
2404 HG Alphen aan den Rijn
www.vandervalkavifauna.nl

